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#### **Original Research Article**

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#### Prebiotic Effect of Different Cereal Bran (Sorghum, Barely and Millet) on Growth of Bifidobacterium longum BB536 during Fermentation of Goat Milk

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#### ABSTRACT

#### Keywords

Cereal bran,
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This study was carried out to explore prebiotic effect of different cereal bran on Bifidobacterium longum BB536 for developing functional. All the bran (sorghum, barely and millet) were ground finely. Fermentation mediums were formulated from goat milk supplemented with 10% inulin and different cereal bran (sorghum, barely and millet). Probiotic strain B. longum BB 536 was used for fermentation. Different analyses including proximate, mineral, strain BB536 viable count, physichochemical analysis were conducted. Inulin was an excellent source of fiber, carbohydrate and minerals (Ca, K, Mg and Na). Among cereal bran barley contained the highest level of fiber, followed by sorghum and then millet barn. Moreover, cereal bran are good source of protein, fat and ash. During fermentation, the maximum growth of the strain BB 536 in all type of fermented goat milk supplemented with different fiber was attained at 12 h incubation. These high viable count of strain BB536 (7.53±0.16<sup>b</sup> -8.43±0.03<sup>c</sup>Log CFU/ml) in all fermented goat milk products exceed the minimum number (6 log CFU/ml products) required to presence in probiotic food. Further, rates of strain BB 536 increases induced by different cereal bran are comparable to that of the commercial prebiotic inulin. Moreover, fermentation process was also accompanied with significant changes in physicochemical properties of fermented goat milk. Therefore, different types of cereal bran have prebiotic effect on strain BB 536 when supplemented to goat milk for development of functional food. Same time the fermented products can provide other essential nutrients such as protein, fat, minerals and fiber.

#### Introduction

The growing interest in health and diet has recently produced the concept of functional foods. By definition, functional foods are normal foods and parts of the daily diet, but they contain a component that benefits some particular physiological function and reduce the risk of diseases (Salovaaro, 1999). Nowadays, the wide applications of functional food are in form containing probiotics and non-digestible carbohydrate known as prebiotics (Fuller and Gibson, 1997).

Reorganization of probiotic effect dates back to the 19<sup>th</sup> century when the French scientist Louis Pasteur (1822 - 1895) postulated the importance of microorganisms in human life, this was further reinforced by work done by 1908 Nobel Prize-winner Elie Metchnikoff, which led to the concept of probiotics. Strain Bifidobacterium, lactobacillus nonpathogenic yeast such as Saccharomyces boulardii are principally used individually or in combination as probiotics (Tomasik and Tomasik. 2003). Bifidobacteria is the predominant species of human colonic and faces microbiota. It has been extensively introduced in the food industry and pharmaceutical applications (Guarner and Malagelada, 2003).

Bifidobacterium longum is one of the bifidobacteria species found mainly in human faeces and it may be considered as the most common species of bifidobacteria, being found both in infant and adult. Potential benefits from consumption of B. longum include: antagonistic action toward intestinal improved lactose utilization, pathogens, anticarcinogenic action and control of serum cholesterol levels. Scientific studies showed the benefits offered by Bifidobacterium longum BB536 (Kojima et al., 1996; Namba et al., 2003). Thus there is considerable interest in incorporating these healths promoting bifidobacteria into food. However, most human origin probiotics are fastidious when used alone, they are characterized by low growth capability in food mediums including the dairy, the main a recommended carrier of probiotics to human (FAW/WHO, 2001). Thus, scarcity of animal milk in many countries makes it difficult to provide a adequate bifidobacteria intake.

Dietary carbohydrates and soluble fiber that are able to stimulate, specifically the growth of potentially beneficial bacteria, e.g., bifidobacteria at the expense of the more harmful pathogenic microorganisms, are called prebiotics. Presence of prebiotics in the colon helps to modify the microflora in such a way that the health-promoting bacteria like bifidobacteria and lactobacilli become predominant in numbers and may be accompanied by elimination of pathogenic bacteria (Kouane *et al.*, 2005).

Dietary fibers are often characterized by high nutritional quality, as they are able to cure many chronic diseases and improve texture, sensory characteristics, and shelf life of foods. The fast growing food industry will likely generate an ever-growing amount byproducts including bran, husk, peel, pomace, and other products that are rich in dietary fibers (Betoret et al., 2011). Therefore, finding optimal use of dietary fibers becomes increasingly imperative. In this respect, the exploration of prebiotic effect for different Sudanese cereal bran is lacking. Therefore, the objective of this study is to evaluate the growth of B. longum BB536 in goat milk supplemented with cereal bran and evaluate its related physiochemical changes during fermentation process.

#### **Materials and Methods**

#### Raw materials

Inulin was obtained from A natural Product Company (London, England). Different cereal bran (sorghum, barley and millet) were purchased from a local crops market at central market in Bahri (Khartoum state, Sudan). Goat fresh milk was obtained from the animal farm at Department of Animal Production, College of Agricultural Studies, Sudan University of Science and Technology (Khartoum, Sudan).

#### Preparation of cereal bran

Different cereal bran were ground and sieved using appropriate mesh. The resulting powder stored in a dark polyethylene bag at freezer until used.

#### **Preparation of fermentation inoculums**

B. longum BB536 was obtained from the stock culture of microbiology laboratory (Department of Food Science Technology, Collage of Agriculture Studies (SUST). The strain was maintained at -20 °C in 20% glycerol solution. Stock culture was prepared by activation of the strain in skim milk, incubation an aerobically at 37 °C for 24h. The obtained culture was reactivated again under the same conditions to prepare enough stock for the experiment. The working culture prepared bv twice successive was transformations of stock culture in 10% sterilized skim milk (121°C for 15 min) and incubation at 37 °C for 24h.

### Growth medium and fermentation conditions

Growth medium were formulated from goat milk supplemented with 1% inulin or different cereal bran (sorghum, barely and millet). Formulated medium were sterilized (121°C for 15 min) and inoculated with a 3% active culture working of *B. longum BB536* followed by incubation at 37 °C for 24h.

### Enumeration of viable *B. longum BB536* cell

MRS medium was used to enumerate *B. longum BB536* of different fermented products using the plate count technique. Fermented samples were drawn at initial and every 6h intervals during fermentation.1ml of fermentation broth was diluted in peptone water, followed by plating on Demann Rogosa agar (MRS) supplement with 0.05% L-cystiene. The plates were incubated

unaerobically at 37 °C for 48 h. The growth was calculated as Colony Forming Unit per ml (CFU/ml).

#### **Determination of titrable acidity**

The titrable acidity (TA) of the different fermented products was determined according to AOAC method (2006). Ten ml of sample were weighted into a conical flask. A distilled water was added until the volume in the flask was 150 ml. The sample was then vigorously agitated and filtered. Twenty five milliliters of the filtrate were pipetted into porcelain dish, five drops of phenolphthalein added, and the sample was titrated against 0.1N NaOH till a fain pink colour that lasted for at least 30 seconds was obtained; then acidity of different products was calculated.

#### **Determination of total soluble solids (TSS)**

Total soluble solids (TSS) of the fermented products were determined at room temperature using digital refractometer with degree Brix° scale 0-100 according to AOAC (1990) method.

#### **Determination of pH value**

The pH value of the different fermented products was determined using a pH-meter (model HI 8521 microprocessor bench PH/MV/C meter, Romania). Two standard buffer solution of pH 4.00 and 7.00 were used for calibration of the pH meter at room temperature. The pH meter was allowed to stabilize for one minute and then the pH of the fermented products samples was directly measured.

#### **Chemical composition**

#### **Determination of moisture content**

Moisture was determined according to the modified method of AOAC (1990). Five

grams of the sample was weight using in sensitive balance, after weighting the empty dishes and then transferred to an oven (Kat-NR.2851, Electrohelios, Sweden) at  $105 \pm 0.1^{\circ}$ C for 6 hours .Afterwards, the dish with sample was transferred to dessicator and allow to cool to room temperature before reweighting to calculated moisture.

#### **Determination of fat content**

Fat content was determined according to the official method of AOAC (1990). A sample of 5g was weighed in extraction thimble and covered with cotton, and then extracted with hexane. The thimble containing the sample and a pre-dried weight sample and flask containing about 100 ml hexane was attached to the extraction unit. The extraction process was conducted for 16h. At the end of the extraction period, the flask was disconnected from the unit and the solvent was evaporated. Later, the flask with the remaining crude hexane extracted was put in an oven, cooled to room temperature reweight and the dried extract was registered as fat content.

#### **Determination of protein content**

Protein content of different fermented products was determined by Kjeldhal method according to the AOAC (1990) method.

#### **Ash content**

The ash content of the sample was determined according to the AOAC (1990) method. Two grams of the deferent fermented products were weighed into a clean dry porcelain crucible and placed in muffle furnace (model Tipoforon Z A No 18203 Get Ran 1002. England) at 600°C for 6hours. The Crucible was transferred to a desiccator, cooled to room temperature and weighed to calculate ash content.

#### **Determination of crude fiber**

Two gram of a defatted sample was placed into a conical flask containing 200ml of H<sub>2</sub>SO<sub>4</sub> (0.26N). The flask was fitted to a condenser and allowed to boil for 30 minutes. At the end of the digestion period, the flask was removed and the digestate was filtered through a proclaim filter crucible (No.3). After that, the precipitate was repeatedly rinsed with distilled boiled water followed by boiling in 200ml NaOH (0.23) solution for 30 under reflux condenser and the precipitate was filtered . Rinsed with hot distilled water, 20ml ethyl alcohol (96%) and 20ml diethyl ether. Finally, the crucible was dried at 105°C until a constant weight was obtained and the difference in weight was considered a crude fiber.

#### **Calculation of carbohydrates**

Carbohydrates were calculated by difference according to the following:

Total carbohydrates = 100% - [Moisture (%) + Protein (%) +Fat (%) + fiber (%) and Ash (%)].

#### **Determination of minerals**

Potassium (K) and calcium (Ca) were determined by flame photometer (Sherwood Flame Photometer i410, Sherwood Scientific Ltd. Cambridge, UK) according to procedure of AOAC (1990). The knob of flame photometer was adjusted to potassium and calcium respectively and reading was set to zero using deionized water. Blank solution was run and read again the set zero. Standard solution of each mineral was run and recorded the reading of flame photometer. The reading of potassium and calcium in products sample was obtained by running the sample one by one. Standard solution was run after each product sample. The standard curves were

obtained by plotting absorbance values of standards against appropriate concentrations of elements. One gram of dried product samples was subjected to wet digestion method as described by Richards (1968). Then analysis was carried out spectrophotometer absorption (Varian AA 240, Victoria, Australia) to determine Mg and Na via a standard curve. To determine phosphorus content of products, colorimetric estimation method was used as described by (Kitson and Mellon, 1944).

#### Statistical analysis

One- way ANOVA and two sample paired tests were performed to examine significant differences between normally distributed data of replicated independent runs. Probability level of less than 0.05 was considered significant (p<0.05). All data were analyzed using vision 17 MINITAB statistical software for windows (2010).

#### **Results and Discussion**

## Proximate composition of inulin and different cereal bran (sorghum, barley and millet)

As revealed in Table 1, inulin recorded the highest level of fiber and carbohydrate in comparison with other types of cereal bran. Thus inulin is an excellent source of prebiotic. Among cereal bran barley contained the highest level of fiber, followed by sorghum and them millet barn. Together with varying carbohydrate contents, all cereal bran might have prebiotic properties. In addition, they are good source of protein, fat and ash (Table 1).

### Minerals content of inulin and different cereal bran (sorghum, barley and millet)

Table 2 showed that minerals content of different fiber such as Inulin recorded the highest levels in Ca, K, Mg and Na; except the P. Inulin contained the lowest P as compared to its level in cereal bran. All cereal bran contained small amount of Ca, K, Mg and Na (Table 2).

# Chemical composition of *Bifidobacterium* longum BB536 fermented goat milk supplemented with 1% of different types of fiber\*

There was no significant (p<0.05) difference in moisture and carbohydrate content at initial fermentation and maximum strain BB 536 growth of each specific fermented product (Table 3). Whereas, level of fat in inulin and sorghum bran fermented goat milk at initial and maximum growth were significant (p<0.05). However, ash content was only significant (p<0.05) between the initial and maximum growth in sorghum bran supplemented goat milk fermented with strain BB536. Similarly, fiber content was only significant (p<0.05) between the initial and maximum growth in millet bran supplemented goat milk fermented with strain BB536 (Table 3).

# The growth of *Bifidobacterium longum BB536* during fermentation of goat milk supplemented with inulin and different cereal bran

Comparative growth of *B. longum BB536* cultured during fermentation of goat milk supplemented with inulin and different cereal bran was shown in Table 4. There were significant (p<0.05) increases in strain *BB536* viable count by extended fermentation period in all type of fermented goat milk, as compared to strain level at beginning of fermentation. The maximum growth of the strain in all type of fermented products was attained at 12 h incubation. These high viable count of strain BB536 (7.53±0.16<sup>b</sup> -8.43±0.03<sup>c</sup> Log CFU/ml) in all fermented goat milk products exceed the minimum number (6 log CFU/ml fermented products) required to

presence in probiotic food (Viderola and Reinheimer, 2000).

The rate of strain BB536 increases in different fermented goat milk were 2.57, 2.31, 1.93 and 1.18 log CFU/ml in fermented products supplemented with sorghum bran, inulin, millet bran and barely bran, respectively. These rates of increases induced by different bran are comparable prebitication (support growth of strain BB commercial 536) with the prebiotic. Therefore, tested cereal bran might have prebiotic effect on strain BB536. On the hand, the variations in growth rate of strain BB536 could be attributed to variances in availability of nutrients required for growth in the different formulated products. In fact, goat milk contains almost the essential nutrient for strain growth. Together with different fiber combination could complement the nutrient component demand for strain BB 536 growth in formulated goat milk medium.

However, after maximum growth (12 h) the strain started to decline in all types of fermented goat milk products (Table 4). The decline of the strain might be due to the accumulation of acids or reduction of availability of nutrient required for the growth as stated by Kabeir *et al.*, (2005) during fermentation of Sudanese thin porridge *Medida*. In spite of the continuous declining in viable count of strain *BB536* in all types of fermented goat milk up to 24h incubation, the remained viable counts still above the number required to presence in probiotic food which is at least 6 log CFU/ml fermented products (Viderola and Reinheimer, 2000).

## pH changes during strain BB536 fermentation of goat milk supplemented with inulin and different cereal bran

During fermentation process with strain *BB536* there were significant (P<0.05)

decreases in pH levels of all types of formulated goat milk by extended fermentation period to 24h (Table 5). The decreases in pH are due to increased acids production during fermentation process as a result of fermented sugar by strain BB536; which produces acetic and lactic acid (De Vries etal., 1967). Moreover, the accumulated acids produced by Bifidobacterium strain, reported to have antibacterial activity such as prevention of the proliferation of pathogens (Bullen et al., 1976). The rate of pH decreases at maximum strain BB536 growth (12h incubation) were 1.82, 1.07, 0.67 and 0.49 pH in fermented goat milk supplemented with barely bran, inulin, millet bran and sorghum bran, respectively (Table 5). Level of acidity increased by extended fermentation period and thus caused reduction in pH.

## TSS changes during strain BB536 fermentation of goat milk supplemented with inulin and different cereal bran

Table 6 showed the changes in total soluble solid (TSS) during fermentation of different formulated goat milk with strain BB 536. There were significant (P<0.05) decreases in TSS levels in all types of fermented goat milk product by extended fermentation period to 24h. The rates of TSS decreases at maximum strain BB 536 growth (12h incubation) were 1.7, 1.25, 0.95 and 0.75 in fermented goat milk with supplemented with barely bran, sorghum bran, millet bran and inulin, respectively. Enzymatic activity of the strain plays a vital role in rate of TSS reduction. The strain utilized soluble solid for energy source, particularly reducing the suger main components of TSS. Reductions in TSS by fermentation with B. longum BB536 and other probiotic strains were reported by Ibraheem et al., (2015), Kabeir et al., (2005), Badahdah et al., (2019) and Muyanj et al., (2010).

**Table.1** Proximate composition of inulin and different cereal bran (sorghum, barley and millet)\*

Components (%)	Types of fiber				
	Inulin	Inulin Sorghum bran Barley bran			
Moisture	$3.000 \pm 0.00$	68.48± 0.332	50.15 ±0.156	$68.71 \pm 0.290$	
Fat	ND	$3.125 \pm 1.039$	4.935 ±0.679	$5.935 \pm 0.0212$	
Proteins	ND	$12.60 \pm 2.97$	13.915±1.110	$11.375 \pm 1.237$	
Fiber	$89.00 \pm 0.00$	$6.490 \pm 0.297$	19.685±0.870	$4.635 \pm 0.346$	
Ash	ND	$2.425 \pm 0.0212$	8.660±0.0141	$3.190 \pm 0.283$	
Carbohydrates	$8.000 \pm 0.000$	$6.870 \pm 0.354$	2.640±0.156	$6.140 \pm 0.0849$	

<sup>\*</sup>Values are mean  $\pm$  SD for replicate independent analysis

ND= Not determined

Table.2 Mineral content of inulin and different cereal bran (sorghum, barley and millet)\*

Components	Types of fiber						
(mg/100g)	Inulin	Inulin Sorghum bran Barley bran Millet b					
Ca	1.62±0.03 <sup>a</sup>	$0.08\pm0.01^{b}$	$0.08\pm0.00^{b}$	$0.08\pm0.00^{b}$			
K	$0.76\pm0.01^{a}$	$0.11\pm0.01^{b}$	$0.10\pm0.00^{b}$	$0.09\pm0.01^{b}$			
Mg	$0.82\pm0.02^{a}$	0.03±0.00c	$0.02\pm0.00^{c}$	$0.05\pm0.21^{b}$			
Na	$1.74\pm0.00^{a}$	$0.11\pm0.13^{b}$	$0.02\pm0.06^{c}$	$0.02\pm0.00^{c}$			
P	$0.26\pm0.00^{b}$	1.16±0.01 <sup>a</sup>	$1.01\pm0.02^{a}$	1.06±0. 35 <sup>a</sup>			

<sup>\*</sup>Values are mean  $\pm$  SD for replicate independent runs.

**Table.3** Chemical composition of *Bifidobacterium longum* BB536 fermented goat milk supplemented with 1% of different types of fiber\*

	Bifidobacterium longum BB536 fermented goat milk with				with differ	different types of fiber		
Component	Inulin		Sorghum bran		Barley bran		Millet bran	
	Initial	Maximum	Initial	Maximum	Initial	Maximum	Initial	Maximum
Moisture (%)	86.9±0.01 <sup>a</sup>	86.77±0.04 <sup>a</sup>	88.54±0.01	88.50±0.28 <sup>a</sup>	84.55±0.00 <sup>a</sup>	86.46±0.00 <sup>a</sup>	85.28±0.02 <sup>a</sup>	85.79±0.01 <sup>a</sup>
Fat content	2.37±0.007 <sup>d</sup>	2.42±0.03 <sup>e</sup>	1.97±0.01 <sup>e</sup>	2.54±0.03°	1.840±0.00 <sup>e</sup>	2.015±0.00 <sup>e</sup>	2.32±0.028 <sup>e</sup>	2.44±0.02 <sup>e</sup>
(%)		d	d					d
Protein	2.30±0.00 <sup>e</sup>	2.56±0.02 <sup>d</sup>	$2.59\pm0.00^{d}$	2.66±0.01°	$2.62\pm0.00^{\circ}$	$2.75\pm0.00^{\circ}$	$2.52\pm0.00^{\circ}$	$2.74\pm0.02^{d}$
content (%)								
Ash content	1.44±0.02 <sup>f</sup>	1.84±0.02 <sup>f</sup>	1.54±0.01 <sup>f</sup>	1.76±0.00 <sup>d</sup>	1.55±0.00 <sup>f</sup>	1.64±0.01 <sup>f</sup>	1.77±0.01 <sup>f</sup>	1.85±0.01 <sup>f</sup>
(%)	h		h		h	b	h	b
Carbohydrates (%)	13.06±0.01 <sup>b</sup>	13.23±0.04 <sup>b</sup>	11.46±0.01 <sup>b</sup>	11.51±0.28 <sup>b</sup>	15.46±0.00 <sup>b</sup>	13.56±0.01 <sup>b</sup>	14.73±0.02 <sup>b</sup>	14.21±0.01 <sup>b</sup>
Fiber(%)	3.86±0.01°	3.71±0.01°	2.97±0.01°	2.87±0.04°	2.40±0.00 <sup>d</sup>	2.02±0.01 <sup>d</sup>	$2.62\pm0.02^{d}$	2.60±0.00°

<sup>\*</sup>Values are mean  $\pm$  SD for replicate independent runs.

<sup>\*\*</sup>Values that bear different superscript letter in the same raw of are significantly different at p<0.05.

<sup>\*\*</sup>Values that bear different superscript letter in the same raw of each specific products are significantly different at p<0.05.

**Table.4** The viable count of *Bifidobacterium longum* BB536 (log CFU/ml) during fermentation of goat milk supplemented with different types of fiber\*

	Fermented goat milk supplemented with different types of fiber					
Fermented time(h)	inulin	Sorghum bran	Barley bran	Millet bran		
0	5.52±0.32°	$5.86 \pm 0.06^{d}$	6.07±0.03°	6.03±0.11 <sup>d</sup>		
6	7.33±0.01 <sup>b</sup>	$6.07\pm0.09^{c}$	6.99±0.01 <sup>b</sup>	6.31±0.42°		
12	7.53±0.16 <sup>a</sup>	8.43±0.03 <sup>a</sup>	$7.65\pm0.06^{a}$	7.96±0.02 <sup>a</sup>		
18	7.39±0.01 <sup>b</sup>	7.25±0.06 <sup>b</sup>	7.84±0.08 <sup>a</sup>	7.25±0.22 <sup>b</sup>		
24	$7.30\pm0.06^{b}$	6.93±0.17 <sup>ab</sup>	$6.79\pm0.06^{b}$	6.83±0.15 <sup>bc</sup>		

<sup>\*</sup> Values are mean  $\pm$  SD for replicate independent runs.

**Table.5** pH changes during strain BB536 fermentation of goat milk supplemented with inulin and different cereal bran

Fermented	Ferment	t types of fiber		
time (h)	Inulin	Sorghum bran	Barley bran	Millet bran
0	$6.18 \pm 0.00^{a}$	6.15±0.01 <sup>a</sup>	6.22±0.01 <sup>a</sup>	$5.06 \pm 0.01^{a}$
6	$6.04\pm0.01^{a}$	6.01±0.04 <sup>a</sup>	$4.95 \pm 0.00^{b}$	$5.15\pm0.04^{a}$
12	$5.11 \pm 0.00^{\rm b}$	$5.65\pm0.07^{\rm b}$	$4.40\pm0.00^{d}$	$4.45 \pm 0.00^{\mathrm{b}}$
18	$5.01\pm0.01^{\rm b}$	$5.47\pm0.01^{b}$	$4.81 \pm 0.00^{c}$	$3.79 \pm 0.02^{c}$
24	$4.87\pm0.00^{c}$	4.51±0.01°	$4.61 \pm 0.00^{c}$	$3.73 \pm 0.03^{c}$

<sup>\*</sup> Values are mean  $\pm$  SD for replicate independent runs.

**Table.6** Total Soluble Solid during strain BB536 fermentation of goat milk supplemented with inulin and different cereal bran\*

Fermented	Fermented goat milk supplemented with different types of fiber				
time (h)	Inulin	Sorghum bran	Barley bran	Millet bran	
0	8.30±0.21 <sup>a</sup>	$7.45\pm0.07^{a}$	$8.20\pm0.14^{a}$	$9.55 \pm 0.07^{a}$	
6	8.25±0.42 <sup>a</sup>	$6.45\pm0.07^{\rm b}$	$7.50 \pm 0.00^{\mathrm{b}}$	$9.05\pm0.00^{b}$	
12	7.55±0.07 <sup>a</sup>	6.20±0.14 <sup>b</sup>	$6.50 \pm 0.00^{c}$	8.60±0.14°	
18	6.45±0.07 <sup>b</sup>	$5.60 \pm 0.014^{c}$	$5.20\pm0.00^{d}$	$7.35\pm0.07^{d}$	
24	5.90± <b>0.00</b> <sup>b</sup>	4.45±0.21 <sup>d</sup>	$4.99 \pm 0.16^{d}$	$6.25\pm0.07^{e}$	

<sup>\*</sup> Values are mean  $\pm$  SD for replicate independent runs.

<sup>\*\*</sup> Values that bear different superscript letter in the same column are significantly different at p<0.05.

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<sup>\*\*</sup> Values that bear different superscript letter in the same column are significantly different at p<0.05.

**Table.7** Titrable acidity (%) during strain BB536 fermentation of goat milk supplemented with inulin and different cereal bran

Fermented	Fermented goat milk supplemented with different types of fiber			
time (h)	Inulin	Sorghum bran	Barley bran	Millet bran
0	0.19± <b>0.00</b> <sup>d</sup>	0.24± <b>0.07</b> <sup>d</sup>	$0.26 \pm 0.00^{e}$	$0.44 \pm 0.00^{c}$
6	$0.22 \pm 0.01^{d}$	$0.20\pm0.00^{e}$	$0.75 \pm 0.01^{d}$	$0.95 \pm 0.01^{\text{b}}$
12	$0.65 \pm 0.07^{c}$	$0.44\pm0.01^{c}$	$0.82 \pm 0.00^{c}$	$0.93 \pm 0.01^{\rm b}$
18	$0.76 \pm 0.04^{\mathbf{b}}$	0.62±0.01 <sup>b</sup>	0.85±0.01 <sup>b</sup>	$0.94 \pm 0.02^{b}$
24	$0.81 \pm 0.00^{a}$	$0.73\pm0.00^{a}$	$0.92 \pm 0.07^{a}$	$1.02 \pm 0.01^{a}$

<sup>\*</sup> Values are mean  $\pm$  SD for replicate independent runs.

## Titratable acidity during strain BB536 fermentation of goat milk supplemented with inulin and different cereal bran

Referring to the result in Table 7 it w), there were significant (p<0.05) increases in titratable acidity of different goat milk formulations by extended fermented period to 24h. Moreover, the rates of increase were 0.56, 0.49, 0.46 and 0.2% at maximum growth of strain B. longum BB536 (12h) in fermented goat milk supplemented with barely bran, millet bran, inulin and sorghum bran, respectively. The increased acidity is explained by accumulation of acetic, lactic acid and other organic acids produced during fermentation of the formulated products (Sefa and Afoakwa, 2003). Similarly, acid increase due to fermentation were reported by many authors as a result of sugar fermentation (Ibraheem et al., (2015); Kabeir et al., (2005)

In conclusion, the chemical composition of different cereal bran revealed high levels of fiber, protein, fat that could contribute to improve the nutritional value of food. Together with goat milk of high nutritional cereal bran in one formula could produce complementary product provide nutritional benefits to consumers. On the other hand inulin was superior source of fiber, carbohydrate and minerals as compared to tested cereal bran. By fermentation and supplementation with inulin and different

cereal bran, maximum growth of the strain BB 536 that fulfills the number required to presence in probiotic food was attained. Therefore, cereal bran could have prebiotic effect on strain BB 536 in goat milk medium for development of fermented functional food.

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<sup>\*\*</sup> Values that bear different superscript letter in the same column are significantly different at p<0.05

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